

2 - 2ª Jornada, 1ª sesión

25/10/2025

Prueba 14  
25/10/2025

Masc., 400m Libre

Absoluto maculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	AQUA	RT
1. FERNANDEZ ALPERI, Herminio	08	C.D.N. Nadamas Santa Rosa								<b>3:58.79</b>	702	+0,80
50m: 27.50 27.50 150m: 1:27.21		29.98 250m: 2:27.74 30.36								350m: 3:29.25 30.71		
100m: 57.23 29.73 200m: 1:57.38		30.17 300m: 2:58.54 30.80								400m: 3:58.79 29.54		
2. RAMIREZ MIRANDA, Marco	08	C.N. Las Palmas								<b>4:11.96</b>	597	+0,94
50m: 28.19 28.19 150m: 1:30.29		31.49 250m: 2:34.41 31.83								350m: 3:39.92 33.22		
100m: 58.80 30.61 200m: 2:02.58		32.29 300m: 3:06.70 32.29								400m: 4:11.96 32.04		
3. QUILES PEÑATE, Jose Antonio	09	C.N. Metropole								<b>4:12.95</b>	590	+0,79
50m: 28.08 28.08 150m: 1:31.24		32.02 250m: 2:36.17 32.74								350m: 3:42.03 33.12		
100m: 59.22 31.14 200m: 2:03.43		32.19 300m: 3:08.91 32.74								400m: 4:12.95 30.92		
4. GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan								<b>4:14.72</b>	578	+0,76
50m: 27.91 27.91 150m: 1:30.39		31.84 250m: 2:35.76 32.80								350m: 3:42.84 33.66		
100m: 58.55 30.64 200m: 2:02.96		32.57 300m: 3:09.18 33.42								400m: 4:14.72 31.88		
5. RODRIGUEZ DIAZ, Javier	08	C.N. Teneteide								<b>4:19.96</b>	544	+0,74
50m: 28.82 28.82 150m: 1:33.69		32.69 250m: 2:40.17 33.11								350m: 3:47.42 33.46		
100m: 1:01.00 32.18 200m: 2:07.06		33.37 300m: 3:13.96 33.79								400m: 4:19.96 32.54		
6. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia								<b>4:21.62</b>	533	+0,87
50m: 28.46 28.46 150m: 1:31.19		32.05 250m: 2:38.58 34.22								350m: 3:48.27 34.99		
100m: 59.14 30.68 200m: 2:04.36		33.17 300m: 3:13.28 34.70								400m: 4:21.62 33.35		
7. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guia								<b>4:21.64</b>	533	+0,82
50m: 29.46 29.46 150m: 1:34.01		32.77 250m: 2:40.80 33.45								350m: 3:48.79 34.07		
100m: 1:01.24 31.78 200m: 2:07.35		33.34 300m: 3:14.72 33.92								400m: 4:21.64 32.85		
8. PADRON MIGUELEZ, Nicolas Emiliano	11	C.D.N. Nadamas Santa Rosa								<b>4:21.93</b>	532	+0,74
50m: 28.84 28.84 150m: 1:33.22		32.65 250m: 2:40.59 34.10								350m: 3:48.94 33.85		
100m: 1:00.57 31.73 200m: 2:06.49		33.27 300m: 3:15.09 34.50								400m: 4:21.93 32.99		
9. ALEMAN LOPEZ, Hugo	09	C.N. Metropole								<b>4:24.07</b>	519	+0,80
50m: 29.49 29.49 150m: 1:34.08		32.87 250m: 2:41.76 34.25								350m: 3:51.27 34.92		
100m: 1:01.21 31.72 200m: 2:07.51		33.43 300m: 3:16.35 34.59								400m: 4:24.07 32.80		
10. BORDES GARCIA, Nicolas	11	C.N. Metropole								<b>4:24.60</b>	516	+0,76
50m: 29.45 29.45 150m: 1:35.69		33.53 250m: 2:43.55 34.30								350m: 3:52.48 34.24		
100m: 1:02.16 32.71 200m: 2:09.25		33.56 300m: 3:18.24 34.69								400m: 4:24.60 32.12		
11. CABALLERO RUIZ, Oscar	08	C.N. Las Palmas								<b>4:24.78</b>	515	+0,86
50m: 29.95 29.95 150m: 1:35.19		33.03 250m: 2:43.27 33.87								350m: 3:51.68 34.56		
100m: 1:02.16 32.21 200m: 2:09.40		34.21 300m: 3:17.12 33.85								400m: 4:24.78 33.10		
12. ALEMAN QUINTANA, Pablo	11	C.N. Metropole								<b>4:25.11</b>	513	+0,96
50m: 30.17 30.17 150m: 1:35.64		33.32 250m: 2:43.35 33.87								350m: 3:52.03 34.10		
100m: 1:02.32 32.15 200m: 2:09.48		33.84 300m: 3:17.93 34.58								400m: 4:25.11 33.08		
13. DIAZ PEREZ, Arion	10	C.N. Metropole								<b>4:26.27</b>	506	+0,95
50m: 30.49 30.49 150m: 1:37.40		33.81 250m: 2:45.46 33.97								350m: 3:53.22 33.86		
100m: 1:03.59 33.10 200m: 2:11.49		34.09 300m: 3:19.36 33.90								400m: 4:26.27 33.05		
14. TOBAL FEBLES, Gabriel	10	C.D. Herbania								<b>4:29.83</b>	486	+0,93
50m: 30.77 30.77 150m: 1:36.50		33.38 250m: 2:44.89 34.28								350m: 3:56.76 36.34		
100m: 1:03.12 32.35 200m: 2:10.61		34.11 300m: 3:20.42 35.53								400m: 4:29.83 33.07		
15. COCERA CORDON, Unai	11	C.N. Metropole								<b>4:30.28</b>	484	+0,79
50m: 28.83 28.83 150m: 1:35.65		34.32 250m: 2:46.15 35.46								350m: 3:56.82 35.43		
100m: 1:01.33 32.50 200m: 2:10.69		35.04 300m: 3:21.39 35.24								400m: 4:30.28 33.46		
16. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun								<b>4:31.18</b>	479	+0,84
50m: 29.84 29.84 150m: 1:35.87		34.07 250m: 2:46.61 35.70								350m: 3:58.21 35.62		
100m: 1:01.80 31.96 200m: 2:10.91		35.04 300m: 3:22.59 35.98								400m: 4:31.18 32.97		

Prueba 14, Masc., 400m Libre, Absoluto masculino

Clasificación	AN								Tiempo	AQUA	RT
17. NONATO ALVAREZ, Pablo	10	C.N. Teneteide							<b>4:34.61</b>	461	+0,82
50m: 30.77 30.77	150m: 1:38.10	34.19	250m: 2:48.76	35.29	350m: 4:00.39	35.85					
100m: 1:03.91 33.14	200m: 2:13.47	35.37	300m: 3:24.54	35.78	400m: 4:34.61	34.22					
18. ORTEGA NEGRIN, Antonio	07	C.N. Teneteide							<b>4:36.00</b>	454	+0,93
50m: 31.39 31.39	150m: 1:39.17	34.18	250m: 2:49.42	35.44	350m: 4:01.19	36.21					
100m: 1:04.99 33.60	200m: 2:13.98	34.81	300m: 3:24.98	35.56	400m: 4:36.00	34.81					
19. GARCIA LOTO, Javier	09	C.N. Metropole							<b>4:37.97</b>	445	+0,87
50m: 31.66 31.66	150m: 1:41.22	35.16	250m: 2:52.34	35.54	350m: 4:03.80	35.82					
100m: 1:06.06 34.40	200m: 2:16.80	35.58	300m: 3:27.98	35.64	400m: 4:37.97	34.17					
20. HERNANDEZ PEREZ, Adex	09	C.N. Metropole							<b>4:39.73</b>	436	+0,93
50m: 30.23 30.23	150m: 1:38.43	35.21	250m: 2:50.92	36.50	350m: 4:04.55	36.60					
100m: 1:03.22 32.99	200m: 2:14.42	35.99	300m: 3:27.95	37.03	400m: 4:39.73	35.18					
21. HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan							<b>4:48.67</b>	397	+0,96
50m: 31.19 31.19	150m: 1:41.17	36.01	250m: 2:55.94	37.60	350m: 4:11.85	37.90					
100m: 1:05.16 33.97	200m: 2:18.34	37.17	300m: 3:33.95	38.01	400m: 4:48.67	36.82					
DSQ IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna									
DSA - Desc Salida Anticipada											
DSQ COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote									
DSA - Desc Salida Anticipada											
Baja CABRILLO SANCHEZ, Norberto	07	C.N. Las Palmas									